

HEARD HAWKS PBIS/LIM NEWS

Sept. 2023

WHAT IS PBIS & LIM?

Positive Behavioral Interventions and Supports (PBIS) is a framework for supporting students' behavioral, academic, social, emotional, and mental health. It is a way to create positive, predictable, equitable and safe learning environments where everyone thrives. Paired with **Leader in Me (LIM)** 7 habits and our core **Heard Hawk Expectations**, **Heard HAWKS** Are responsible
Work together
Keep trying &
Show Respect; these general guidelines with classroom expectations and **LIM** habits being taught help to guide our students towards safe and successful outcomes, both behaviorally and academically.



7 HABITS OF LIM



1. **BE PROACTIVE.** I have a positive attitude.
2. **BEGIN WITH THE END IN MIND.** I set & meet goals.
3. **PUT FIRST THINGS FIRST.** I finish my work. Work then play.
4. **THINK, WIN, WIN.** I am kind to others.
5. **SEEK FIRST TO UNDERSTAND THEN TO BE UNDERSTOOD.** I listen to others.
6. **SYNERGIZE.** I work with friends and teachers.
7. **SHARPEN THE SAW.** I am in charge of myself. I take care of my body & mind.

✧ WHAT IS DOJO?

Class DOJO is an app used in the classroom to help monitor and track **POSITIVE** behavior choices. Each student can earn several **DOJOs** in a day by being *respectful*, *responsible*, showing *leadership* and making *good* choices. Every day a student can earn **DOJOs** by being on time, being in dress code, completing assignments, following expectations during transitions and in public spaces, like the library or at recess. The different grade levels and teachers may choose to include other specific skills a class or student may be trying to earn **DOJOs** for to achieve their 6 week goal of appx 200 **DOJOs**. This helps them earn our 6 wk celebration for **positive** behaviors.



✧ WAYS YOU CAN HELP

Ask your child about **Heard Hawk expectations**. See if they can share with you what the expectations are in the classroom, in public spaces like the library or restrooms, outdoor spaces, during dismissal. Find jobs or responsibilities around the home that they can be **LEADERS** with, p.s. kids love to be in charge and have titles like “Kitchen Crew Chief” “Laundry Manager”. Create job checklists with your child and let them be a part of creating a chart or assigning rewards.



LINKS TO CHECK OUT



LEADERINME.COM
HEARD.BCSDK12.NET

